


Piernas

Idincru	86
Titulo	Sent Piernas con Barra guiada
Detalle	Ver movimiento y supervisar con el instructor
	 The illustration shows a person in a yellow shirt and blue pants performing a leg press exercise on a machine. The machine has a horizontal bar that is guided by a vertical track. The person is in a squatting position, pushing the bar upwards with their feet. The background is a light gray grid.
Grupo	4.0000