


# Femorales

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| Idincru | 59   |
| Titulo  | Estocadas - elevar   |
| Detalle | Movimiento subiendo un cajón   |
|         |  A woman in athletic wear is shown in profile, performing a lunge exercise. She is standing on a wooden box with her right foot, while her left leg is extended back to the ground. She is holding a dumbbell in her right hand, positioned near her knee. The background is a plain, light-colored wall. |
| Grupo   | 5.0000   |