


Femorales

Idincru	59
Titulo	Estocadas - elevar
Detalle	Movimiento subiendo un cajón
	 A woman in athletic wear is shown in profile, performing a lunge exercise. She is standing on a wooden box with her right foot, while her left leg is extended back and down. She is holding a dumbbell in her right hand. The background is a plain, light-colored wall.
Grupo	5.0000