


Abdominales y Otros

Idincru	56
Titulo	Abdominales en Banco
Detalle	Contraer en Bco
	 An illustration of a person lying on their back on a black bench. Their knees are bent and feet are flat on the bench. They are in a sit-up position, with their head and shoulders lifted off the ground. The person is wearing a grey tank top and blue shorts.
Grupo	6.0000